

**Bath Parks & Recreation Department**  
**2024 Soccer League Rules**  
**Kindergarten**

\*\*\*All games shall be played in accordance with the rules of the United States Youth Soccer Association (USYSA), unless there is a conflict in which case Bath Rec. league rules would take precedent.

**Rule #1: Number of Players**

- The game shall be played by two teams consisting of (4) players each. There is no goalkeeper. Generally, the positions would be 2 on defense and 2 forwards. “Magnet ball” tends to happen at this level so do your best to teach spreading out.

**Rule #2: Substitution**

- Free substitution is permitted. There is no limit to the number of times a player may enter or leave a game.

**Rule #3: Duration of Game**

- **The first 2 weeks will be skills & drills ONLY**
- **Remaining 4 weeks: Four 8-Minute Quarters (Running Time) (Please use the first 15-20 minutes before each game to use on basic skill development. Please use the time allotted wisely– See below for drill session lay-outs)**

**Rule #4: Player, Coach, and Spectator Conduct**

- The coach is responsible for the conduct of his or her spectators, parents and players on the field and bench.
- One coach may remain on the field of play for each team; however he or she shall not interfere with play. Coaches on the field should not touch or physically move players.
- Coaches, players, and spectators are not allowed behind the goal line. They must remain only on the sideline.
- All players who are not in the game must be seated on the bench during play.

**Rule #5: Equipment**

- No players wearing a cast of any kind on any part of his/her body may participate in a game.
- No metal cleats or boots are allowed.
- No jewelry of any kind is allowed, with the exception of medical bracelets.
- All players are required to wear shin guards. Mouth guards are not required but are highly recommended.

**(Please see other side)**

## **Rule #6: Scheduling & Inclement Weather**

- Please go to [www.bathrecreation.com](http://www.bathrecreation.com) or our Facebook pages for all scheduling information. All scheduling decisions will be made by the Department. Games may not be cancelled, changed or delayed by coaches.
- Games will be played whenever possible. Teams should report to the field as scheduled unless otherwise noted.
- Please immediately cease play in the event of dangerous weather conditions such as lightning. If the game is half completed it will be ruled a complete game. If lightning is seen or thunder is heard, games will be stopped immediately and the game will be considered a rainout.

## **Drill Session Lay-Out**

- Each team will take a field to conduct their drills. Each coach will have at least 3 drills/skills to teach their team during the allotted time. For example, it would be helpful to teach each category at every meeting while reviewing what you did last week:
  - Review Previous Week*
  - Passing (parts of the foot, 3-touch moving to a 2-touch, picking head up/look around, etc.)*
  - Dribbling (parts of the foot, keep close, picking head up/looking around, etc.)*
  - Shooting (parts of the foot, aim the 'plant' foot, follow your shot, etc.)*
  - Moving without the ball.. What does this mean, and how to get them to do it.*
  - What happens when the ball goes out-of-bounds:*
    - \**Throw-ins (proper form, who takes it?)*

## **Game Play**

- Again, One coach from each team may be on the field while the game is played in order to help direct and referee the players.
- Off-sides will not be called at this level.
- The referee/coach should blow the whistle for any of the following infractions: tripping, intentionally kicking another player, pushing, jumping into, charging into, holding, handling the ball, dangerous play, falling on the ball, obstructing another player, or an injured player.
  - On any of these violations, the kicker may not touch the ball a second time until another player (offensive or defensive) has touched it first.
- Referees/Coaches will blow the whistle for illegal throw ins, but will allow players to do it again (and again.)
  - Help all players learn the proper technique for throw-ins. Please practice this throughout the season
    - \*Both feet must stay on the ground during a throw-in.
    - \*The ball must be held with both hands and come directly from behind the head.