2024 Coastal Running League

<u>Spring Meet Schedule</u> All Regular Season Races Begin at 4:15pm w/Course Walk-Through

May 1st

Bowdoinham, Portland, Falmouth, RSU 5 & Yarmouth	at	Cumberland
Cape Elizabeth, St Brigid & Holy Cross	at	Scarborough
Topsham, Brightfield, Brunswick, Wiscasset, Bath	at	Harpswell (Mitchell Field)
May 8 th		
Falmouth, Portland, Holy Cross, St Brigid & Scarborough	at	Cape Elizabeth
Bowdoinham, Brightfield, Harpswell, Bath & Topsham	at	Wiscasset
Yarmouth, Cumberland, Brunswick	at	RSU 5 (Winslow Park)
<u>May 15th</u>		
Topsham, Wiscasset, Brightfield, Bowdoinham, Bath & Harpswell	at	RSU 5 (Pownal Elem?)
Holy Cross, Portland & St Brigid	at	TBA
Yarmouth, Scarborough, Cape E, Falmouth & Brunswick	at	Cumberland
May 22 nd		
Topsham, Yarmouth, Cumberland	at	Falmouth
St Brigid, Portland, Holy Cross & Cape E.	at	Scarborough
Harpswell, Wiscasset. Brightfield, Bath, Brunswick, RSU 5	at	Bowdoinham

May 29th Make-up Date

June 1st League Championship 12pm	at	Twin Brook
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(June 8th) Rain Date