

Skiing Level Description



Level 1 (Gliding Wedge)

I have never skied before.
I can stand, walk, climb, and glide.
I can do a gliding wedge, slow down and stop.
I can do slight turns.
I am familiar with the chair lift.

Level 2 (Wedge Turns)

I can make control linked wedge turns to the bottom.
I can control linked wedge turns and make spontaneous wide and narrow turns.
I can make spontaneous turns and come to a complete stop by turning in either direction.

Level 3 (Wedge Christie)

I have begun working on reducing the size of my wedge turns.
I can start all my turns in a wedge and bring my skis to a match at the end of each turn.

Level 4 (Adv. Wedge Christie)

I have begun working on adv wedge christie (bringing my skis together early in the turn.)
I can wedge my skis slightly at the beginning of each turn but bring them together very early in my turn.
I can ski moderately and I am beginning to use my inside pole as a timing steady devise.

Level 5 (Open Parallel)

I have begun to work on keeping my skis parallel without a wedge.
I can change the edges of my skis at the same time without a wedge.
I can use a pole touch to time and steady my turns.

Level 6 (Dynamic Parallel)

I can use my whole body towards the new turn to change directions.
I can Swing and touch my pole to the snow to start each turn.
I am linking parallel turns continuously.