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O'Sullivan remembers when youth sports was about children competing with other children instead of adults competing with each other through their kids. Following nearly three decades as a soccer player and coach, O'Sullivan began working to reshape youth sports and inspire a major shift in culture. After serving as a youth coach for the Portland Timbers in Bend, he founded the Changing the Game Project and is now an international speaker and national best-selling author of *Changing the Game: The Parents Guide to Raising Happy, High-Performing Athletes* and *Giving Youth Sports back to Our Kids*. His writing has also been featured in the Huffington Post, Soccer America Magazine and The Soccer Wire.

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