



Bath Parks & Recreation Dress Code

Bath Parks & Recreation follows the [RSU 1 Student Dress Code Policy](#) for all participants, volunteers, coaches and staff. This policy helps to ensure the physical safety and well-being of all persons during participation in programming, summer camp and athletic activities. Additional program specific guidance is below.

Athletic Activity Specific Guidance

- **Footwear:** Sneakers or cleats for field sports, and non-marking court shoes for indoor sports. No open-toed shoes, crocs, boots, or bare feet unless explicitly required by the sport (e.g., gymnastics, swimming).
- **Clothing:** Clothing should fit closely to the body without being excessively baggy. Loose fabrics can catch on equipment or opponents.
- **Sun/Cold Protection:** Breathable, moisture-wicking fabrics for heat and to limit sun exposure; layers for cold weather.
- **Skin Protection:** Covering skin creates a protective and sanitary barrier between skin and equipment.
- **Uniforms:** Department provided uniforms (shirts, hats, etc.) should be worn at all games/contests.
- **Protective Gear:** Sport-specific gear (e.g., helmets, shin guards, mouthguards, eye protection) must be worn during all active play. All protective gear must fit correctly, be unaltered, and meet national safety standards (e.g., NOCSAE certified).
- **Jewelry Policy:** All jewelry including earrings, rings, necklaces, bracelets, and fitness trackers must be removed before games/competitions. Medical alert bracelets may be worn but must be taped securely to the skin.
- **Hair:** No hard plastic or metal clips are allowed.

Summer Camp Specific Guidance

Each camper will be given a camp T-shirt that must be worn on all community outings.

- **Clothing:** Please dress your camper in comfortable clothing that allows movement to enable them to participate in the different indoor and outdoor activities of the day.
- **Sun Exposure:** Hats, sun shirts and longer shorts work well to limit sun exposure.
- **Shoes:** Closed-toe shoes must always be worn and should be comfortable for all-day wear. Crocs are acceptable. Sandals/flip-flops are only appropriate while at beach/water park.
- **Beach/Waterpark:** On beach days/waterpark days your child must come to camp with their bathing suit and camp shirt on.
- **Extra Clothes:** It is suggested to bring an extra change of clothes.